

# *Experiencing changes in mood, energy, or sexual wellness during or after menopause?*

Many women notice emotional and physical shifts during perimenopause and postmenopause — including changes in mood, motivation, energy, sexual function, and overall quality of life. These experiences are common but can affect overall wellbeing.

We are conducting a clinical research study to evaluate changes in mental well-being and sexual function among women transitioning through or beyond menopause post treatments with two investigational medical devices.

## *Participation Includes*

- Screening Visit
- A minimum 6 treatment visits — at no cost
- 2 follow-up visits - 1 Month and 3 Months

## *Who Can Join*

Women 40 years or older who are:

- Experiencing 60+ consecutive days without a menstrual period (perimenopausal), or
- Experiencing 12 consecutive months without a menstrual period (postmenopausal), and
- Noticing depressive symptoms, mood changes, reduced energy, or changes in sexual function or quality of life.

The study participation period is approximately 5 months from enrollment.



**Interested in Learning More?**  
Contact us today to see if you qualify

*VitalityMD*®

Name: Vitality MD Inc  
Address: 1769 Avenue Rd Toronto, ON M5M 3Y8  
Phone: (416) 792-1100  
Website: [www.vitalitymd.com](http://www.vitalitymd.com)  
Principal Investigator: Shari Caplan, MD, CCFP, FCFP, ABOIM